

Anchor Points

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“This hope we have as an anchor of the soul, both sure and steadfast...”
(Hebrews 6:19)

We need assurance and stability in our spiritual life. An anchor is a device that holds something fast and prevents movement. Especially in these challenging times, we need an “anchor of the soul.”

Something “sure” is unyielding, reliable, stable. Something “steadfast” is fixed in direction, firm, established. We may think of a ship as having a single anchor to connect it to the bed of a body of water. Securing it to a dock, however, requires several mooring lines. Even a small vessel needs four to six. They keep the ship close to the pier and prevent forward or backward movement. Similarly, construction workers on high buildings use multiple anchor points to protect themselves from accidental falls.

Spiritual anchor points are the basic beliefs to which we secure our lives as well as the personal experiences that confirm these beliefs in our lives. Both our beliefs and our experiences must come from the Bible, which is the infallible Word of God. We find ultimate truth and security in our relationship with Jesus Christ, for He is “the way, the truth, and the life” and the revelation of God to us (John 14:8–11).

The psalmist had a spiritual anchor: “My heart is steadfast, O God, my heart is steadfast; I will sing and give praise” (Psalm 57:7). He identified it as his relationship with God: “I have set the LORD always before me; because He is at my right hand, I shall not be moved” (Psalm 16:8).

Hebrews 6 describes our anchor as the hope set before us, the promises of God, the assurance of eternal life (verses 9–12). The context reveals that there will be a final judgment with two outcomes: being lost or saved (verses 2–8). Our anchor is our relationship with Jesus Christ and His promise of eternal life. With this hope to anchor us, we can live securely and avoid destruction.

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